

2006
NEW SOUTH INTERCOLLEGIATE SWIM CONFERENCE
SWIMMING AND DIVNG CHAMPIONSHIPS

LOCATION: Delta State Aquatic Center
Delta State University
Hwy 8 West
Cleveland, MS 38733

DATES: February 16 - 18, 2006

SCHEDULE:	FEBRUARY 16TH	PRELIMS	10:00 AM
	FEBRUARY 16TH	FINALS	6:00 PM
	FEBRUARY 17TH	PRELIMS	10:00AM
	FEBRUARY 17TH	FINALS	6:00 PM
	FEBRUARY 18TH	PRELIMS	10:00AM
	FEBRUARY 18TH	FINALS	5:00 PM

CONTACT: Ronnie Mayers
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FACILITY: Indoor 50-meter by 25-yard competition pool. The short course venue for this meet will include 8 lanes (9 feet wide), 6" Competitor lanes lines, 7' minimum depth, with 1 moveable Stark bulkhead. The timing will be run on Colorado Time system 6 and the Colorado Time System Myriad Full Matrix LED scoreboard with Hy-Tek Meet Manager. Equipment includes Paragon Track Start Competitor starting blocks with electronic relay takeoff equipment. Building is designed with 800 permanent seats and temporary tip and roll bleachers for 600. Continuous warm-down area is available. We have 2 three meter and 2 one meter Duraflex Model "B" springboards (cheeseboards).

ENTRIES: Swimmers may compete in eight (8) events, of which no more than three (3) may be individual events. The 1650 free will be seeded with 1000 free times. Enter best times of the season. The fastest heat of the [women's & men's 1650](#) will swim in the Championship Finals Session at 5:00 p.m.

ENTRIES DEADLINE: Composite entry forms must be FAXED or E-mailed no later than Friday February 10, 2006. Scratches are due the preceding nights by 5p.m.

SEND ENTRIES: Ronnie Mayers
P.O. Box 3286 DSU
Cleveland, MS 38733
FAX (662) 846-4719
E-mail ronniemayers@hotmail.com and rmayers@deltastate.edu

SCORING: Scoring will be 24 places as following

RELAYS: 64-56-54-52-50-48-46-44-40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2
INDIVIDUAL: 32-28-27-26-25-24-23-22-20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

TEAM SIZE: Each team is limited to 18 scoring participants. Only scoring participants will be Allowed to swim in finals. Divers count as 1/3 unless they swim in a event; they will then count as a full participant.

Eligibility: An individual swimmer or diver must have participated in a minimum of two regular season swim meets one of which must be against another conference Team in order to be eligible to participate in the NSISC Championship.

AWARDS: The award ceremonies will take place at the awards stand on the far side of the pool. Finalists should be present at the awards ready room to parade to the award stand. All athletes must wear their team uniform to the award stand. Team trophies will be awarded to the top three men's and women's teams.

DIVING: An eleven dive format will be conducted. 1-meter diving will be conducted between Prelims and finals on Thursday. 3-meter diving will be conducted between prelims And finals on Friday.

RELAYS: All scoring participants are eligible for relays. The relay swimmers are declared at blocks. However, the first swimmer must be designated on the relay card and must swim first. Each team is allowed an A & B relay. B relays cannot score ahead of A relays.

ALL-NEW SOUTH: Swimmers or divers who win an event are deemed All-New South. Any swimmer who accumulates 81 points or more is also deemed All-New South

NSISC SCHOLAR ATHLETES: NSISC SCHOLAR ATHLETE nominations must be submitted as a list signed by your school's registrar. The qualifications require all nominees, freshmen through seniors, to have achieved a minimum 3.0 cumulative GPA.

SENIOR ATHLETES: Please send a list of all seniors who are swimming in their last NSISC Championship.

MEET COMMITTEE: The meet committee is composed of the head coaches from each school.

SPORTS INFORMATION: Provided by Delta State University through SID office, Matt Jones. (662) 846-4285 phone (662) 846-4297 Fax e-mail mjones@deltastate.edu

TEAM ROSTERS: Please send a team roster as soon as possible. Include the following: NAME, YEAR IN SCHOOL, EVENTS and HOMETOWN

HEAT SHEETS MEET RESULTS: Coaches may pick up heat sheets and results in the meet management room.

TRAINING ROOM: Provided by Delta State University, Tim Colbert Head Trainer. (662) 846-4280 The Aquatic Center training room will provide treatments during pool hours. No rubdowns will be provided or allowed in the training room.

LOCKER-ROOMS: Absolutely no shaving down will be allowed in locker rooms. Delta State University is not responsible for lost or stolen items.

RUB DOWN AREA: A rub down area will be provided. No tables will be provided. This area will be monitored for health and follow NCAA rules.

HOSPITALITY: A hospitality room for coaches and meet personnel will be provided.

CLEVELAND AREA ACCOMODATIONS

Holiday Inn Express
Hwy 61 North
Cleveland, MS 38732
Phone: (662) 843-4060
Fax: (662) 843-2444

Best Western Cleveland Inn
Hwy 61 South
Cleveland, MS 38732
Phone: (662) 846-5404
Fax: (662) 846-1775

Comfort Inn Cleveland
Hwy 61 North
Cleveland, MS 38732
Phone: (662) 843-4060
Fax: (662) 843-2444

Hampton Inn Cleveland
Hwy 61 North
Cleveland, MS 38732
Phone: (662) 846-1525
Fax: (662) 846-1528

AREA RESTAURANTS:

TEAM BUFFET:

Call Don Bouler (662) 843-2777 Cleveland Country Club

Call Debbie (662) 843-1317 The Southern Grill

Airport Grocery

Hwy 8 West. Casual dining, rustic atmosphere. Lunch and dinner, featuring steaks, hamburgers, and bar-b-gue. 843-4817. Tues.-Sat. 11:00 A.M.-2:00 P.M., 5:00 P.M.-9:30 P.M.

A la Carte Alley

111 S. Court. Southern bistro and gift shop featuring specialty salads, deli sandwiches, homemade soups and desserts. Lunch only. Reservations suggested. 843-6510. Mon. - Sat. 11:00 A.M. - 2:00 P.M.

Coffee Shop

410 First St. Specializing in breakfast all day, also featuring home style plate lunches and sandwiches at noon. Mon.-Sat. 6:00 A.M. - 2:00 P.M.

Country Platter

700 Ruby St. Open for breakfast, lunch, and dinner. Serving southern home style cooking. 846-7051.
Mon.-Fri. 7:00 A.M.-8:00 P.M.

Crawdad's

104 S. Park St., Merigold. Casual atmosphere featuring crawfish, steaks, and Louisiana cuisine. 748-2441. Tue. - Sat. 6:00 P.M. -10:00 P.M.

Dessert Inn Steakhouse

708 N. Davis Ave. (Hwy 61). Casual family style dining specializing in open-pit steaks and seafood. 843-8063. Mon. - Sat. 4:00 P.M. -10 P.M.

Guadalajara

307 N. Davis Ave. (Hwy 61). Authentic Mexican food with a family atmosphere. Dinner and lunch. 846-6965. 11:00 A.M.- 10:00 P.M.

K.C.'s

Hwy 61 N. Dining at it's finest. New American/Global Eclectic/Chinese. 843-5301. 11:00 A.M.-1:30 P.M., 5:30 P.M.-10:00 P.M. Expensive.

Little China Kitchen

207 N. Davis Ave. (next to Jitney Jungle). Chinese food. Lunch buffet.

Seasons Restaurant & Steakhouse

702 N. Davis Ave. Lunch buffet. Steak and seafood.

The Pig Pen

Hwy. 61 S. Southern bar-b-que, hamburgers and seafood. 843-0512. 9:00 A.M.-9:00 P.M.

Tin Roof

Hwy 61 N., Cleveland. Seafood and steaks. Dinner only. 5:00 P.M.-

The Dock

North St., downtown Cleveland. Lunch Buffet. 843-0722.

Sharpe St. Station

201 S. Sharpe St., downtown Cleveland. New Orleans cuisine. Lunch buffet. 846-0000.

Katfish Korral

Hwy 61 S. Specializing in catfish. 846-0004.

New Orleans Style Seafood & Deli

233 North St. Shrimp, poboys, steaks, gumbo, and much more. 846-8855.

Wong's Garden

Hwy 61 N. Chinese food. Also serves American breakfast. Lunch and dinner buffet. 846-6313

The Pickled Okra

211 N. Chrisman Ave. Sandwiches, salads, varied menu. 843-8510.

Franchises

Burger King Hwy. 61

Kentucky Fried Chicken Hwy 61

McDonald's Hwy 61

Papa John's Kroger shopping center

Pizza Hut Hwy 61 Lunch buffet.

Popeye's Fried Chicken Hwy 61

Sonic Drive-in 409 E. Sunflower

Backyard Burger Carpenter St. Behind Perry's Auto

Taco Bell Hwy 61

Wendy's Hwy 61

Western Sizzlin Hwy 61 Lunch Buffet.